



CITY OF HUNTINGTON BEACH FIRE DEPARTMENT

2021 JUNIOR LIFEGUARD PROGRAM

For Boys and Girls 9 to 17 years of age
www.juniorguard.com, 714-374-1501

PURPOSE OF THE PROGRAM

To acquaint the youth of our community with the experience of ocean swimming and its hazards, while exposing them to an environment that will teach them courtesy, respect, discipline, sound morals, and good sportsmanship.

SKILLS DEVELOPMENT

Ocean and beach safety, lifesaving techniques, procedures for bodysurfing, body boarding, board surfing, ocean swimming skills, competition with other junior lifeguard programs, volleyball, and miscellaneous beach games, activities, field trips and ecology

SCHEDULE

Monday through Friday, June 28 through August 18, 2021

Morning Session (AM Session) 8:30 a.m. to 12:00 p.m.

Afternoon Session (PM Session) 1:00 p.m. to 4:30 p.m.

COST

\$525 for Huntington Beach Residents and \$550 for non-residents

REGISTRATION

New Junior Lifeguards - You will receive registration instructions once you successfully complete tryouts. Registration instructions will also be located on our website at www.juniorguard.com.

Returning Junior Lifeguards - Returning junior lifeguards will receive an email with instructions for registration procedures. Please contact us, juniorguard@surfcity.org, if you are a returning junior lifeguard and you have not received an email or if you have any questions or difficulties with enrollment.

REQUIREMENTS

Open to boys and girls ages 9 through 17, as of July 1, 2021. Applicants must possess a basic swimming ability to be able to pass the following prerequisite exams:

Divisions

- A 14-17 years old
- B 12-13 years old
- C 9-11 years old

A Division

- Swim 100 yards in 1:45 or less
- Tread water for five minutes
- Swim under water for 10 yards

B and C Division

- Swim 100 yards in 1:50 or less
- Tread water for five minutes
- Swim under water for 10 yards

TRYOUTS:

8 a.m. to 12 p.m., Saturday, April 10, at Golden West College

8 a.m. to 12 p.m., Saturday, April 24, at Golden West College

8 a.m. to 12 p.m., Sunday, May 16, at Golden West College

6:30 p.m. to 8:30 p.m., Wednesday, May 5, at Pacific Sands Cabana Club

6:30 p.m. to 8:30 p.m., Wednesday, June 9, at Pacific Sands Cabana Club**

** The June 9 tryout is for the PM session only for the "C" and "B" divisions. "A" division applicants are eligible for the AM or PM session for this date.

For more information on the program, please check out the website at www.juniorguard.com.